

CERTIFICATE OF PARTICIPATION

This is to certify that

Lizelle Pauw

Has successfully participated & completed the

7km Women Rock - Trail Run presented by Navworld

held at Ingaadi Spa.

TIME 01:14:58

PACE 10:42/km

OVERALL 99 of 204

GENDER 77 of 161

40 - 49 12 of 31

28 August 2016, Sun

Date



BoutTime

Signature

